



Teens/Children Dealing with Parents Going Through a Divorce/Separation/Breakup



I present a course called Cooperative Parenting and Divorce for a non-profit organization as a Parent Educator. I have been presenting this course for several years now and each time I present the course it saddens me to hear the stories and the situations of every case.

I'm totally confused to hear that two people who once loved each other and created a family with children, love, values, respect etc. would do all the horrible things to each other when going through a separation or divorce. Where did it go wrong?

The divorce rate is high and rising every year. Due to the circumstances the children are in the middle of the parents battling out a divorce or separation. Children should not be the victims of adult behavior. No matter what the situation is between the parents every child deserves to have both parents in their life.

If the marriage is over and the couples made the decision to part. It is necessary for both parents to understand the importance of getting along and or working out a business relationship with the interest of the children. The children didn't ask to get divorced the parents did. Why are the children used as pawns for revenge to get to the other parent? What example is that for your children or what type of role model are you as a parent.



Patricia Lavigne

Separation & Divorce Coach

What needs to be taken in consideration is that both parents are not putting the child(ren) in any harm emotionally, physically or mentally. Everything else in the battle of divorce should be negotiable.

It doesn't have to drag out for years it's simple divide your assets, detach yourself from the other partner and move on.

Meanwhile, build an adult relationship with the co-parent and be there for your children and create a happy home. How hard can that be. Your children should have a life as a kid and go to school, have friends, play sports etc. not have to deal with adult issues.

I went through a divorce and yes, I lost financially but I gained so much more in the long run. My children did not suffer the cause of my divorce. Move on with your life and give your children a happy home.



A parent's responsibility is to ensure their child feels:

- safe and loved by both parents
- feel that it's not their fault that parents are separated
- feel safe to talk freely about the other parent
- not have to choose between parents or force to have a loyalty bond feel they have a home to go to from both parents



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If you are dealing with Divorce/Separation/Breakup and is struggling or have no one to talk to or turn to or if you know of anyone that is dealing with a breakup please forward my email

patricialavignecpc@gmail.com or contact me at 416-312-6983.

No one needs to go through it alone.

Testimonial

Hi Patricia, I just wanted to let you know that I am so great full that I joined up for your support group. I know I was reluctant at the beginning but that passed within the first meeting. What you are doing with your time to reach out and help others is simply inspiring. The world needs more people like you. Last night, just being able to sit with you all and have the support and guidance is truly a beautiful experience. I can't thank you enough for doing this for all of us who need individuals like you in our lives.

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I'm here to guide you throughout your journey in life and achieve your goals